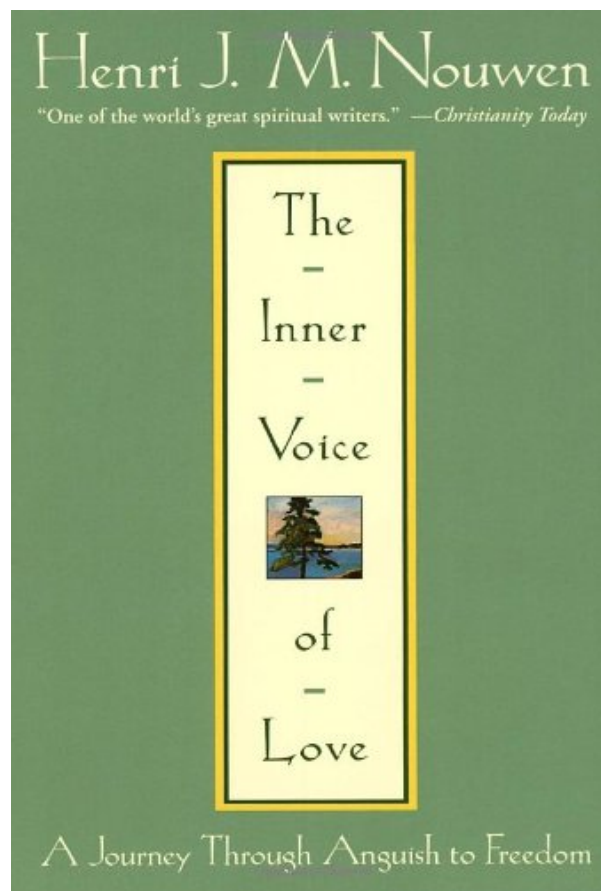


THE INNER VOICE OF LOVE: A JOURNEY THROUGH ANGUISH TO FREEDOM BY HENRI J. M. NOUWEN



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Henri J. M. Nouwen

"One of the world's great spiritual writers." —*Christianity Today*

The
—
Inner
—
Voice



of
—
Love

A Journey Through Anguish to Freedom

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Amazon.com Review

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This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote a spiritual imperative to himself each day that emerged from his conversations with friends and supporters.

For more than eight years, Henri Nouwen felt that what he wrote was too raw and private to share with others. Instead, he published *The Return of the Prodigal Son*, in which he expressed some of the insights gained during his mental and spiritual crisis. But then friends asked him, "Why keep your anguish hidden from the many people who have been nurtured by your writing? Wouldn't it be of consolation for many to know about the fierce inner battle that lies underneath so many of your spiritual insights?"

For the countless men and women who have to live through the pain of broken relationships, or who suffer from the loss of a loved one, this book about the inner voice of love offers new courage, new hope, even new life.

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Most helpful customer reviews

89 of 90 people found the following review helpful.

This book is a reference book to be used many times over.

By A Customer

This book is an honest journey of the human experience and enables one to understand the meaning of life. It is very useful to all adults whether one is dealing with first hand depression or someone close to you is. He is able to reach the inner most sensitive parts of every human being and give comfort where there is pain. This is a book that needs to be kept out so one can read it at anytime, any chapter. It shows how going through very painful periods in this physical world lead to peace and valuable information that needs to be shared. It looks at life through very healthy eyes with God as our director. I don't think anyone could possibly read this book and not feel hopeful afterwards.

78 of 81 people found the following review helpful.

Keep this one close

By A Customer

You do not have to be Catholic to learn from and appreciate what Henri Nouwen has to say. He will touch your soul. Demonimational differences are moot. You do not have to be suffering from personal anguish to relate to Nouwen's words. His hunger for relationship with others and God are part of the common human experience. This book is a gift of "words". Words we have, at one time or another, tried so inadequately to find to explain our hunger to ourselves. Read it piece by precious piece and keep going back to it. It will keep you in touch with your own humanness, sensitive to the humanness of others, it will sand away the callouses of life and help you to focus on what is really of value.

41 of 42 people found the following review helpful.

The Wounded Healer

By A Customer

I loved this book, and bought several for those with some struggle they were working through in their lives. This passage so completely touched me and speaks to much of the message in Nouwen's writings:
from "Live Your Wounds Through" passage:

You have been wounded in many ways. The more you open yourself to being healed, the more you will discover how deep your wounds are... The great challenge is living your wounds through instead of thinking them through. It is better to cry than to worry, better to feel your wounds deeply than to understand them, better to let them enter into your silence than to talk about them. The choice you face constantly is whether you are taking your wounds to your head or your heart. In your head you can analyse them, find their causes and consequences, and coin words to speak and write about them. But no final healing is likely to come from that source. You need to let your wounds go down to your heart. Then you can live through them and discover that they will not destroy you. Your heart is greater than your wounds.

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